

Prep for Gastroscopy (EGD)

This procedure results in the physician passing a scope through your mouth and esophagus, into your stomach and possibly the first portion of your small intestine.

On the day of your Gastroscopy (EGD) , do the following:

1. On the morning of your procedure you should take your regular medications, except your diabetes medication/insulin, with as small amount of water as possible.
2. DO NOT take any medications that you were instructed to hold.
3. You should have NOTHING to eat or drink (this includes water) for SIX (6) hours before your appointment time.
4. Come to our Facility with your responsible adult and driver.